

Philosophy of Cross-Cultural Adventures' Rules

The rules and regulations adopted by Cross-Cultural Adventures' Teams are designed to ensure the safety and well being of each team member. We expect full cooperation from members (and parents, if applicable) in any disciplinary decisions made. Cross-Cultural Adventure reserves the right to send any team member home that shows rebellion, disrespect to a leader, or blatant disregard for the stated rules and regulations.

Upon becoming a member of Cross-Cultural Adventures' Teams, you are expected to maintain the highest standard of integrity, honesty, and morality. It is our belief that the members of the Cross-Cultural Adventure Projects or Trips have reached a level of maturity and are responsible in their behavior.

Key points:

1. The purpose of regulations and rules:

- a. **True Positive Character** - our rules and regulations are based off of principles for living the life of true positive character qualities.
- b. **Safety** - is #1 priority at all times, we have established rules as guidelines to ensure safety for all of our participants.
- c. **Cultural Exchange and Character Training** - can only happen if we are operating in unity for the same goal, these rules and regulations help us stay on track with this goal for greater good.
- d. **Cultural sensitivity** – is vital, so we are not offensive to those whom we wish to teach, train, and leave a positive cultural impression.

2. Disciplined lifestyle

- a. **Freedom** – a disciplined lifestyle cultivates freedom
- b. **Growth** – with self discipline comes growth, and is great opportunity to grow in those areas we know we should.
- c. **Potential** – We can better see our potential within a disciplined lifestyle, but also discipline creates more opportunity for our potential to take form and become something great in our lives, communities, and families.

3. Forms of accountability

- a. Warning
- b. Campus
- c. Loss of free day (s)
- d. Return Home (RH)

Lifestyle and Conduct

- No illegal drugs, alcohol (includes no virgin drinks), or tobacco products (use or possession) – RH
- No pornography- RH
- No magic tricks, reading materials, or illusions of any kind
- No fighting- RH

- No fireworks or weapons- RH
- No profanity
- No unapproved music or reading materials of any kind
- No movies that have not been preapproved
- Avoid hotel bars
- No loans or lending
- No theft or long-term borrowing-possible RH
- Not following our moral principles at all times in words or actions.

Group Regulations

- Your Advisor or Team leader must know where you are at all times
- Never be outside the lodging complex alone- RH
- When outside the countries lodging complex all groups must consist of 4 members with one Advisor or Team leader, and one male (16 years or older).
- Groups must stay together at all times regardless of time of day or night.
- In the countries lodging complex you must stay in a group of two at all times.

**Some variations may occur if specifically announced by your Head Leader with permission of Director.*

Dress Code

All participants must abide by the dress code specified by the Directors if different then listed below.

(Some cultures require different guidelines.)

Female Clothing

- No short skirts (slit or length may not extend above the knee)
- All shirts must cover your stomach completely (with hands raised) and have a modest neck line
- No short shorts (while standing straight with hands at side, shorts must be the length of ones longest finger)
- Modest one-piece bathing suits; you must wear a cover-up to and from the pool
- No nose or lip rings anytime during CCA involvement and only one ring in each ear allowed on females.

Male Clothing

- Must wear shirts at all times
- No ear, nose or lip rings anytime during CCA involvement

Overall Appearance (male and female)

- No bizarre head shaving or dying hair upon arrival or during CCA involvement

- No facial hair except mustaches
- No shorts or sleeveless shirts outside of the lodging complex when involved in any form of the project.
- No clothing that advertises alcohol, tobacco products, or negative message bands. (must have approval of these by the Team leader)
- No new body piercing during CCA involvement
- Shoes must be worn at all times for safety

Phone Calls/Cell Phones

- Every young person will be required to call home upon arrival in Phoenix or the CCA meeting starting point, and upon arrival back into the country after their domestic or international trips back.
- Cell phones and computers may not be taken or used during this trip unless this is cleared by the CCA Director. (Does not apply to cell phones distributed by Cross-Cultural Adventures to leaders.)
- Personal calls home can only be done to call family members upon arrival coming and going to our starting point unless specified by your Directors.

Room Manners

- No guys in girls' rooms; no girls in guys' rooms- RH
- Rooms or other housing arrangements must be clean and orderly

Relationships

- No romantic dating relationships or pairing off at any time- RH (Includes holding hands, extended hugs, or communicating any intent for a romantic relationship) (Cross-Cultural Adventures' trips are not intended to find a girl or boy friend, but to make many new friends and exchange ideas with others.)
- No lap sitting and back rubs RH

Attitude/Health

- Commit to maintaining a positive attitude regardless of circumstances- possible RH
- Have responsible eating habits- possible RH
- Report any illnesses to your Advisor or Team Leader

Guidelines

- The most effective culture exchange or character training is guys to guys and girls to girls
- All team members must remain in their CCA or teaching groups at all times
- During CCA events, be aware of the teams' departure

*All rules will be in effect throughout the duration of the participants' trip,
beginning upon arrival in
Phoenix or the team starting point and culminating at departure from
Phoenix or starting point to return home. Rules apply to all those in
leadership
(MA's, TL's, Head TL's, and volunteers, as well as, EG, and YQI participants).*